

## Orrville: Striving to be A Healthy Community



The medical staff, Board of Trustees, and the employees at Dunlap Memorial Hospital have raised a CALL for ACTION. Over the past few years, they have recognized that the lack of overall physical fitness has become a health crisis that is not only present in Orrville and Wayne County, but across the nation as well. This national problem was most recently publicized at a nationwide conference in Williamsburg, VA, sponsored by TIME/ABC News and the Robert Woods Foundation.

To address this problem, a “Healthy Community Coalition” has been formed. The intent of this group is to encourage everyone (children, teenagers, adults and senior citizens) to work together to practice good preventive health, which includes maintaining a normal body weight, eating a proper diet, not using tobacco products, and being in good physical condition. The committee plans to do this through a citywide education program and other programs to generate interest about this topic, which is of vital importance to everyone’s health.

For further information please refer to the Healthy Communities website at [www.growinghealthyhabits.com](http://www.growinghealthyhabits.com).